



# LIFE GROUP WEEKLY QUESTIONS

April 21, 2024

## Baby...You're No Good

1 John 3:19-24

### Ice Breaker:

If you could have a super-power for a day, what would it be AND how would you use it?

### READ: 1 John 3:19-24

1. According to verse 19, how do our actions provide assurance to our hearts? Read Galatians 5:22-23. What fruits of the Spirit are most present in your life? Which ones do you need to ask God for assistance?

2. How does the truth that God is greater than our hearts and knows everything offer comfort and reassurance in time of doubt or self-condemnation?

3. What is the difference between your conscience and the voice of the Holy Spirit? How can we identify the different voices of ourselves, the enemy, and the Holy Spirit?

4. Where does doubt and self-condemnation come from? How can you actively fight against it?

5. Discuss the connection between confidence in prayer and keeping God's commandments. How has prayer strengthened your faith and relationship with God? What keeps you from praying?

6. While we have confidence in our prayers, God is not a genie. What prayers will God always answer?

7. How do faith in Christ and love for others intertwine in our Christian walk? How are these two commands evident in your life?

8. How does the presence of the Holy Spirit impact our ability to keep God's commandments and live according to His will?

### Spiritual Rhythm Challenge

In your quiet time of prayer, ask the Holy Spirit to be louder than your own heart and seek to know the truths He wants to lead you in throughout your day. Ask the Holy Spirit to strengthen a fruit (from Galatians 5:22-23) in your life that is lacking.

**Pray for each other.**



# SERMON NOTES

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## **Baby...You're No Good**

1 John 3:19-24

### ***What is the cure for my condemning heart?***

1. God's grace is greater than my sin and shame
2. God's perspective is greater than my condemning heart
3. God's truth is greater than my condemning heart
4. God's presence is greater than my doubt and fears

### **Next steps:**

- What sin or past failure is your heart most likely to condemn you this week? What assurance can you find in verses 19-24?
- Each time before you pray this week, preach to yourself recalling the truth of who you are and who God is.